



Scope and Sequence - Grades 1-3

This suggested scope and sequence guide is designed for use with the CWK videos and accompanying print lessons. Many print materials that accompany videos include reflection questions and a structured lesson, allowing facilitators to be flexible in choosing activities.

Theme	Topic	Lesson Information
Bullying & Violence Prevention	<i>Courage</i>	Lesson Plan <i>Courage</i> : students will learn about the concept of courage and discuss how to courageous.
Attendance & Achievement	<i>Growth Mindset</i>	Lesson Plan <i>Growth Mindset</i> : students will learn about developing a growth mindset.
Health & Wellness	<i>Who am I?</i>	Lesson Plan <i>Identity Who Am I?</i> : Students use a dice game to learn more about their self-identity..
	<i>Mental Health</i>	Lesson Plan <i>Having Self-Confidence</i> : students will learn about their self-confidence and how to help each other promote self-confidence.
	<i>Drug and Alcohol Prevention</i>	Lesson Plan <i>Problem Solving</i> : students will learn a process for finding solutions to a problem, can be tailored to alcohol and drug prevention.
	<i>Sexual Abuse</i>	Lesson Plan <i>Friendship</i> : students will learn about the characteristics of a good friend, can be tailored to sexual abuse by having students discuss dangerous relationships and who to tell if someone threatens personal safety.
	<i>Teen Pregnancy Prevention</i>	Lesson Plan <i>Making Responsible Choices</i> : students will learn about how choices we make have consequences
Digital Citizenship	<i>Kindness</i>	Lesson Plan <i>Kindness</i> : students will practice being kind to one another, can be applied to how some are not kind online.
Character & Life Skills	<i>Empathy</i>	Lesson Plan <i>Empathy</i> : Students create scenarios demonstrating the importance of empathy toward one another.